

1 CABINET FOR HEALTH AND FAMILY SERVICES

2 Department for Medicaid Services

3 Division of Policy and Operations

4 (New Administrative Regulation)

5 907 KAR 15:070. Coverage provisions and requirements regarding services provided  
6 by residential crisis stabilization units.

7 RELATES TO: KRS 205.520, 42 U.S.C. 1396a(a)(10)(B), 42 U.S.C. 1396a(a)(23)

8 STATUTORY AUTHORITY: KRS 194A.030(2), 194A.050(1), 205.520(3)

9 NECESSITY, FUNCTION, AND CONFORMITY: The Cabinet for Health and Family  
10 Services, Department for Medicaid Services, has a responsibility to administer the Med-  
11 icaid Program. KRS 205.520(3) authorizes the cabinet, by administrative regulation, to  
12 comply with any requirement that may be imposed or opportunity presented by federal  
13 law to qualify for federal Medicaid funds. This administrative regulation establishes the  
14 coverage provisions and requirements regarding Medicaid Program behavioral health  
15 services provided by residential crisis stabilization units.

16 Section 1. General Coverage Requirements. (1) For the department to reimburse for  
17 a service covered under this administrative regulation, the service shall be:

18 (a) Medically necessary; and

19 (b) Provided:

20 1. To a recipient; and

21 2. By a residential crisis stabilization unit that meets the provider participation

requirements established in Section 2 of this administrative regulation.

(2)(a) Direct contact between a practitioner and a recipient shall be required for each service.

(b) A service that does not meet the requirement in paragraph (a) of this subsection shall not be covered.

(3) A service shall be:

(a) Stated in the recipient's treatment plan; and

(b) Provided in accordance with the recipient's treatment plan.

Section 2. Provider Participation. (1) To be eligible to provide services under this administrative regulation, a residential crisis stabilization unit shall:

(a) Be currently enrolled in the Kentucky Medicaid Program in accordance with 907 KAR 1:672;

(b) Except as established in subsection (2) of this section, be currently participating in the Kentucky Medicaid Program in accordance with 907 KAR 1:671;

(c) Licensed as a residential crisis stabilization unit in accordance with 902 KAR 20:440; and

(d) Comply with the requirements established in 902 KAR 20:440;

(e) Have:

1. For each service it provides, the capacity to provide the full range of the service as established in this administrative regulation;

2. Demonstrated experience in serving individuals with behavioral health disorders;

3. The administrative capacity to ensure quality of services;

4. A financial management system that provides documentation of services and

costs; and

5. The capacity to document and maintain individual case records.

(f) Be a community-based, residential program that offers an array of services including:

1. Screening;

2. Assessment;

3. Treatment planning;

4. Individual outpatient therapy;

5. Group outpatient therapy;

6. Psychiatric services;

7. Family outpatient therapy at the option of the residential crisis stabilization unit; or

8. Peer support at the option of the residential crisis stabilization unit;

(g) Provide services in order to:

1. Stabilize a crisis and divert an individual from a higher level of care;

2. Stabilize an individual and provide treatment for acute withdrawal, if applicable;

and

3. Re-integrate an individual into the individual's community or other appropriate setting in a timely fashion;

(h) Not be part of a hospital;

(i) Be used when an individual:

1. Is experiencing a behavioral health crisis that cannot be safely accommodated within the individual's community; and

2. Needs overnight care that is not hospitalization;

1 (j) Not contain more than sixteen (16) beds;

2 (k) Not be part of multiple units comprising one (1) facility with more than sixteen (16)  
3 beds in aggregate;

4 (l) Agree to provide services in compliance with federal and state laws regardless of  
5 age, sex, race, creed, religion, national origin, handicap, or disability;

6 (m) Comply with the Americans with Disabilities Act (42 U.S.C. 12101 et seq.) and  
7 any amendments to the Act;

8 (n) Have the capacity to employ staff authorized to provide treatment services in ac-  
9 cordance with this section and to coordinate the provision of services among team  
10 members;

11 (o) Have the capacity to provide the full range of residential crisis stabilization ser-  
12 vices as stated in this paragraph and on a twenty-four (24) hour a day, seven (7) day a  
13 week, every day of the year basis;

14 (p) Have access to a board certified or board-eligible psychiatrist twenty-four (24)  
15 hours a day, seven (7) days a week, every day of the year; and

16 (q) Have knowledgeable staff regarding substance use disorders.

17 (2) In accordance with 907 KAR 17:015, Section 3(3), a residential crisis stabilization  
18 unit which provides a service to an enrollee shall not be required to be currently partici-  
19 pating in the fee-for-service Medicaid Program.

20 Section 3. Covered Services. (1)(a) Except as specified in the requirements stated for  
21 a given service, the services covered may be provided for a:

22 1. Mental health disorder;

23 2. Substance use disorder; or

1        3. Co-occurring mental health and substance use disorders.

2        (b) Residential crisis stabilization services shall be provided in a residential crisis sta-  
3        bilization unit.

4        (2) Residential crisis stabilization services shall include:

5        (a) A screening provided by:

6        1. A licensed psychologist;

7        2. A licensed psychological practitioner;

8        3. A licensed clinical social worker;

9        4. A licensed professional clinical counselor;

10       5. A licensed professional art therapist;

11       6. A licensed marriage and family therapist;

12       7. A physician;

13       8. A psychiatrist;

14       9. An advanced practice registered nurse; or

15       10. A behavioral health practitioner under supervision except for a licensed assistant  
16       behavior analyst;

17       (b) An assessment provided by:

18       1. A licensed psychologist;

19       2. A licensed psychological practitioner;

20       3. A licensed clinical social worker;

21       4. A licensed professional clinical counselor;

22       5. A licensed professional art therapist;

23       6. A licensed marriage and family therapist;

- 1 7. A physician;
- 2 8. A psychiatrist;
- 3 9. An advanced practice registered nurse;
- 4 10. A licensed behavior analyst; or
- 5 11. A behavioral health practitioner under supervision except for a certified alcohol
- 6 and drug counselor;

7 (c) Individual outpatient therapy or group outpatient therapy provided by:

- 8 1. A licensed psychologist;
- 9 2. A licensed psychological practitioner;
- 10 3. A licensed clinical social worker;
- 11 4. A licensed professional clinical counselor;
- 12 5. A licensed professional art therapist;
- 13 6. A licensed marriage and family therapist;
- 14 7. A physician;
- 15 8. A psychiatrist;
- 16 9. An advanced practice registered nurse;
- 17 10. A licensed behavior analyst; or
- 18 11. A behavioral health practitioner under supervision except for a certified alcohol
- 19 and drug counselor;

20 (d) Treatment planning provided by:

- 21 1. A licensed psychologist;
- 22 2. A licensed psychological practitioner;
- 23 3. A licensed clinical social worker;

- 1 4. A licensed professional clinical counselor;
- 2 5. A licensed professional art therapist;
- 3 6. A licensed marriage and family therapist;
- 4 7. A physician;
- 5 8. A psychiatrist;
- 6 9. An advanced practice registered nurse;
- 7 10. A licensed behavior analyst; or
- 8 11. A behavioral health practitioner under supervision except for a certified alcohol
- 9 and drug counselor;

10 (e) Psychiatric services provided by:

- 11 1. A psychiatrist; or
- 12 2. APRN; or

13 (f) At the option of the residential crisis stabilization unit:

- 14 1. Family outpatient therapy provided by:
  - 15 a. A licensed psychologist;
  - 16 b. A licensed psychological practitioner;
  - 17 c. A licensed clinical social worker;
  - 18 d. A licensed professional clinical counselor;
  - 19 e. A licensed professional art therapist;
  - 20 f. A licensed marriage and family therapist;
  - 21 g. A physician;
  - 22 h. A psychiatrist;
  - 23 i. An advanced practice registered nurse; or

1 o. A behavioral health practitioner under supervision except for a:

2 (i) Certified alcohol and drug counselor; or

3 (ii) Licensed assistant behavior analyst; or

4 2. Peer support provided by a peer support specialist working under the supervision  
5 of an approved behavioral health service provider.

6 (3)(a) A screening shall:

7 1. Establish the need for a level of care evaluation to determine the most appropriate  
8 and least restrictive service to maintain the safety of the individual who may have a  
9 mental health disorder, substance use disorder, or co-occurring disorders;

10 2. Not establish the presence or specific type of disorder; and

11 3. Establish the need for an in-depth assessment of the number and duration of risk  
12 factors including:

13 a. Imminent danger and availability of lethal weapons;

14 b. Verbalization of suicidal or homicidal risk;

15 c. Need of immediate medical attention;

16 d. Positive and negative coping strategies;

17 e. Lack of family or social supports;

18 f. Active psychiatric diagnosis; or

19 g. Current drug and alcohol use.

20 (b) An assessment shall:

21 1. Include gathering information and engaging in a process with the individual that  
22 enables the practitioner to:

23 a. Establish the presence or absence of a mental health disorder, substance use dis-



- 1 order, or co-occurring disorders;
- 2 b. Determine the individual's readiness for change;
- 3 c. Identify the individual's strengths or problem areas that may affect the treatment
- 4 and recovery processes; and
- 5 d. Engage the individual in developing an appropriate treatment relationship;
- 6 2. Establish or rule out the existence of a clinical disorder or service need;
- 7 3. Include working with the individual to develop a treatment and service plan; and
- 8 4. Not include psychological or psychiatric evaluations or assessments.
- 9 (c) Individual outpatient therapy shall:
- 10 1. Be provided to promote the:
- 11 a. Health and wellbeing of the individual; or
- 12 b. Recovery from a substance related disorder, mental health disorder, or co-
- 13 occurring related disorders;
- 14 2. Consist of:
- 15 a. A face-to-face, one (1) on one (1) encounter between the provider and recipient;
- 16 and
- 17 b. A behavioral health therapeutic intervention provided in accordance with the recip-
- 18 ient's identified crisis treatment plan;
- 19 3. Be aimed at:
- 20 a. Reducing adverse symptoms;
- 21 b. Reducing or eliminating the presenting problem of the recipient; and
- 22 c. Improving functioning; and
- 23 4. Not exceed three (3) hours per day unless additional time is medically necessary.

1 (d)1. Group outpatient therapy shall:

2 a. Be a behavioral health therapeutic intervention provided in accordance with a re-  
3 cipient's identified crisis treatment plan;

4 b. Be provided to promote the:

5 (i) Health and wellbeing of the individual; or

6 (ii) Recovery from a substance related disorder, mental health disorder, or co-  
7 occurring related disorders;

8 c. Consist of a face-to-face behavioral health therapeutic intervention provided in ac-  
9 cordance with the recipient's identified crisis treatment plan;

10 d. Be provided to a recipient in a group setting:

11 (i) Of nonrelated individuals; and

12 (ii) Not to exceed twelve (12) individuals in size;

13 e. Focus on the psychological needs of the recipients as evidenced in each recipi-  
14 ent's crisis treatment plan;

15 f. Center on goals including building and maintaining healthy relationships, personal  
16 goals setting, and the exercise of personal judgment;

17 g. Not include physical exercise, a recreational activity, an educational activity, or a  
18 social activity; and

19 h. Not exceed three (3) hours per day per recipient unless additional time is medically  
20 necessary.

21 2. The group shall have a:

22 a. Deliberate focus; and

23 b. Defined course of treatment.

1       3. The subject of group outpatient therapy shall relate to each recipient participating  
2 in the group.

3       4. The provider shall keep individual notes regarding each recipient within the group  
4 and within each recipient's health record.

5       (e)1. Treatment planning shall:

6       a. Involve assisting a recipient in creating an individualized plan for services needed;

7       b. Involve restoring a recipient's functional level to the recipient's best possible func-  
8 tional level; and

9       c. Be performed using a person-centered planning process.

10      2. A service plan:

11      a. Shall be directed by the recipient;

12      b. Shall include practitioners of the recipient's choosing; and

13      c. May include:

14      (i) A mental health advance directive being filed with a local hospital;

15      (ii) A crisis plan; or

16      (iii) A relapse prevention strategy or plan.

17      (f)1. Family outpatient therapy shall consist of a face-to-face behavioral health thera-  
18 peutic intervention provided:

19      a. Through scheduled therapeutic visits between the therapist and the recipient and  
20 at least one (1) member of the recipient's family; and

21      b. To address issues interfering with the relational functioning of the family and to im-  
22 prove interpersonal relationships within the recipient's home environment.

23      2. Family outpatient therapy shall:

1 a. Be provided to promote the:

2 (i) Health and wellbeing of the individual; or

3 (ii) Recovery from a substance use disorder, mental health disorder, or co-occurring  
4 related disorders; and

5 b. Not exceed three (3) hours per day per individual unless additional time is medical-  
6 ly necessary.

7 (g)1. Peer support services shall:

8 a. Be social and emotional support that is provided by an individual who is experienc-  
9 ing a mental health disorder, substance use disorder, or co-occurring mental health and  
10 substance use disorders to a recipient by sharing a similar mental health disorder, sub-  
11 stance use disorder, or co-occurring mental health and substance use disorders in order  
12 to bring about a desired social or personal change;

13 b. Be an evidence-based practice;

14 c. Be structured and scheduled non-clinical therapeutic activities with an individual  
15 recipient or a group of recipients;

16 d. Be provided by a self-identified consumer, parent, or family member:

17 (i) Of a child consumer of mental health disorder services, substance use disorder  
18 services, or co-occurring mental health disorder services and substance use disorder  
19 services; and

20 (ii) Who has been trained and certified in accordance with 908 KAR 2:220, 908 KAR  
21 2:230, or 908 KAR 2:240;

22 e. Promote socialization, recovery, self-advocacy, preservation, and enhancement of  
23 community living skills for the recipient;

1 f. Be coordinated within the context of a comprehensive, individualized treatment plan  
2 developed through a person-centered planning process;

3 g. Be identified in each recipient's treatment plan; and

4 h. Be designed to directly contribute to the recipient's individualized goals as speci-  
5 fied in the recipient's treatment plan.

6 2. To provide peer support services a residential crisis stabilization unit shall:

7 a. Employ peer support specialists who are qualified to provide peer support services  
8 in accordance with 908 KAR 2:220, 908 2:230, or 908 2:240;

9 b. Use an approved behavioral health services provider to supervise peer support  
10 specialists;

11 c. Have the capacity to coordinate the provision of services among team members;  
12 and

13 d. Have the capacity to provide on-going continuing education and technical assis-  
14 tance to peer support specialists.

15 (4)(a) The requirements established in 908 KAR 1:370 shall apply to any provider of  
16 a service to a recipient for a substance use disorder.

17 (b) The detoxification program requirements established in 908 KAR 1:370 shall ap-  
18 ply to a provider of a detoxification service.

19 (5) The extent and type of a screening shall depend upon the problem of the individ-  
20 ual seeking or being referred for services.

21 (6) A diagnosis or clinical impression shall be made using terminology established in  
22 the most current edition of the American Psychiatric Association Diagnostic and Statisti-  
23 cal Manual of Mental Disorders.

(7) The department shall not reimburse for a service billed by or on behalf of an entity or individual who is not a billing provider.

Section 4. Additional Limits and Non-covered Services or Activities. (1) The following services or activities shall not be covered under this administrative regulation:

(a) A service provided to:

1. A resident of:

a. A nursing facility; or

b. An intermediate care facility for individuals with an intellectual disability;

2. An inmate of a federal, local, or state:

a. Jail;

b. Detention center; or

c. Prison; or

3. An individual with an intellectual disability without documentation of an additional psychiatric diagnosis;

(b) Psychiatric or psychological testing for another agency, including a court or school, that does not result in the individual receiving psychiatric intervention or behavioral health therapy from the residential crisis stabilization unit;

(c) A consultation or educational service provided to a recipient or to others;

(d) A telephone call, an email, a text message, or other electronic contact that does not meet the requirements stated in the definition of "face-to-face";

(e) Travel time;

(f) A field trip;

(g) A recreational activity;

1 (h) A social activity; or

2 (i) A physical exercise activity group.

3 (2) Residential crisis stabilization services shall not include:

4 a. Room and board;

5 b. Educational services;

6 c. Vocational services;

7 d. Job training services;

8 e. Habilitation services;

9 f. Services to an inmate in a public institution pursuant to 42 C.F.R. 435.1010;

10 g. Services to an individual residing in an institution for mental diseases pursuant to  
11 42 C.F.R. 435.1010;

12 h. Recreational activities;

13 i. Social activities; or

14 j. Services required to be covered elsewhere in the state plan.

15 (3)(a) A consultation by one (1) provider or professional with another shall not be  
16 covered under this administrative regulation.

17 (b) A third party contract shall not be covered under this administrative regulation.

18 Section 5. No Duplication of Service. (1) The department shall not reimburse for a  
19 service provided to a recipient by more than one (1) provider, of any program in which  
20 the service is covered, during the same time period.

21 (2) For example, if a recipient is receiving a residential crisis stabilization service from  
22 a community mental health center, the department shall not reimburse for the same  
23 service provided to the same recipient during the same time period by a residential cri-

1    sis stabilization unit.

2        Section 6. Records Maintenance, Documentation, Protection, and Security. A resi-  
3    dential crisis stabilization unit shall maintain a current health record for each recipient in  
4    accordance with 902 KAR 20:440.

5        Section 7. Medicaid Program Participation Compliance. (1) A residential crisis stabili-  
6    zation unit shall comply with:

7        (a) 907 KAR 1:671;

8        (b) 907 KAR 1:672; and

9        (c) All applicable state and federal laws.

10       (2)(a) If a residential crisis stabilization unit receives any duplicate payment or over-  
11    payment from the department, regardless of reason, the residential crisis stabilization  
12    unit shall return the payment to the department.

13       (b) Failure to return a payment to the department in accordance with paragraph (a) of  
14    this section may be:

15       1. Interpreted to be fraud or abuse; and

16       2. Prosecuted in accordance with applicable federal or state law.

17       (3)(a) When the department makes payment for a covered service and the residential  
18    crisis stabilization unit accepts the payment:

19       1. The payment shall be considered payment in full;

20       2. No bill for the same service shall be given to the recipient; and

21       3. No payment from the recipient for the same service shall be accepted by the resi-  
22    dential crisis stabilization unit.

23       (b)1. A residential crisis stabilization unit may bill a recipient for a service that is not



covered by the Kentucky Medicaid Program if the:

a. Recipient requests the service; and

b. Residential crisis stabilization unit makes the recipient aware in advance of providing the service that the:

(i) Recipient is liable for the payment; and

(ii) Department is not covering the service.

2. If a recipient makes payment for a service in accordance with subparagraph 1 of this paragraph, the:

a. Residential crisis stabilization unit shall not bill the department for the service; and

b. Department shall not:

(i) Be liable for any part of the payment associated with the service; and

(ii) Make any payment to the residential crisis stabilization unit regarding the service.

(4)(a) A residential crisis stabilization unit attests by the residential crisis stabilization unit's staff's or representative's signature that any claim associated with a service is valid and submitted in good faith.

(b) Any claim and substantiating record associated with a service shall be subject to audit by the:

1. Department or its designee;

2. Cabinet for Health and Family Services, Office of Inspector General or its designee;

3. Kentucky Office of Attorney General or its designee;

4. Kentucky Office of the Auditor for Public Accounts or its designee; or

5. United States General Accounting Office or its designee;

1 (c) If a residential crisis stabilization unit receives a request from the department to  
2 provide a claim, related information, related documentation, or record for auditing pur-  
3 poses, the residential crisis stabilization unit shall provide the requested information to  
4 the department within the timeframe requested by the department.

5 (d)1. All services provided shall be subject to review for recipient or provider abuse.

6 2. Willful abuse by a residential crisis stabilization unit shall result in the suspension  
7 or termination of the residential crisis stabilization unit from Medicaid Program participa-  
8 tion.

9 Section 8. Third Party Liability. A residential crisis stabilization unit shall comply with  
10 KRS 205.622.

11 Section 9. Use of Electronic Signatures. (1) The creation, transmission, storage, and  
12 other use of electronic signatures and documents shall comply with the requirements  
13 established in KRS 369.101 to 369.120.

14 (2) A residential crisis stabilization unit that chooses to use electronic signatures  
15 shall:

16 (a) Develop and implement a written security policy that shall:

17 1. Be adhered to by each of the residential crisis stabilization unit's employees, offic-  
18 ers, agents, or contractors;

19 2. Identify each electronic signature for which an individual has access; and

20 3. Ensure that each electronic signature is created, transmitted, and stored in a se-  
21 cure fashion;

22 (b) Develop a consent form that shall:

23 1. Be completed and executed by each individual using an electronic signature;

2. Attest to the signature's authenticity; and

3. Include a statement indicating that the individual has been notified of his responsibility in allowing the use of the electronic signature; and

(c) Provide the department, immediately upon request, with:

1. A copy of the residential crisis stabilization unit's electronic signature policy;

2. The signed consent form; and

3. The original filed signature.

Section 10. Auditing Authority. The department shall have the authority to audit any:

(1) Claim;

(2) Medical record; or

(3) Documentation associated with any claim or medical record.

Section 11. Federal Approval and Federal Financial Participation. The department's coverage of services pursuant to this administrative regulation shall be contingent upon:

(1) Receipt of federal financial participation for the coverage; and

(2) Centers for Medicare and Medicaid Services' approval for the coverage.

Section 12. Appeals. (1) An appeal of an adverse action by the department regarding a service and a recipient who is not enrolled with a managed care organization shall be in accordance with 907 KAR 1:563.

(2) An appeal of an adverse action by a managed care organization regarding a service and an enrollee shall be in accordance with 907 KAR 17:010.

907 KAR 15:070

REVIEWED:

\_\_\_\_\_  
Date

\_\_\_\_\_  
Lawrence Kissner, Commissioner  
Department for Medicaid Services

APPROVED:

\_\_\_\_\_  
Date

\_\_\_\_\_  
Audrey Tayse Haynes, Secretary  
Cabinet for Health and Family Services

907 KAR 15:070

## PUBLIC HEARING AND PUBLIC COMMENT PERIOD

A public hearing on this administrative regulation shall, if requested, be held on October 21, 2014 at 9:00 a.m. in Suite B of the Health Services Auditorium, Health Services Building, First Floor, 275 East Main Street, Frankfort, Kentucky, 40621. Individuals interested in attending this hearing shall notify this agency in writing October 14, 2014, five (5) workdays prior to the hearing, of their intent to attend. If no notification of intent to attend the hearing is received by that date, the hearing may be canceled. The hearing is open to the public. Any person who attends will be given an opportunity to comment on the proposed administrative regulation. A transcript of the public hearing will not be made unless a written request for a transcript is made. If you do not wish to attend the public hearing, you may submit written comments on the proposed administrative regulation. You may submit written comments regarding this proposed administrative regulation until October 31, 2014. Send written notification of intent to attend the public hearing or written comments on the proposed administrative regulation to:

CONTACT PERSON: Tricia Orme, [tricia.orme@ky.gov](mailto:tricia.orme@ky.gov), Office of Legal Services, 275 East Main Street 5 W-B, Frankfort, KY 40601, (502) 564-7905, Fax: (502) 564-7573.

## REGULATORY IMPACT ANALYSIS AND TIERING STATEMENT

Administrative Regulation: 907 KAR 15:070

Contact person: Stuart Owen (502) 564-4321, extension 2015

(1) Provide a brief summary of:

(a) What this administrative regulation does: This new administrative regulation establishes the coverage provisions and requirements regarding Medicaid Program behavioral health services provided by residential crisis stabilization units (RCSUs). This administrative regulation is being promulgated in conjunction with 907 KAR 15:075E (Reimbursement provisions and requirements regarding behavioral health services provided by residential crisis stabilization units). To qualify as a provider, a residential crisis stabilization unit must be licensed in accordance with 902 KAR 20:440. RCSUs are authorized to provide, to Medicaid recipients, behavioral health services related to a mental health disorder, substance use disorder, or co-occurring disorders. The array of services within the scope of residential crisis stabilization unit services includes a screening; an assessment; residential crisis stabilization services; individual outpatient therapy; group outpatient therapy; psychiatric services; treatment planning; peer support (optional); and family outpatient therapy (optional).

(b) The necessity of this administrative regulation: This administrative regulation is necessary - to comply with federal mandates. Section 1302(b)(1)(E) of the Affordable Care Act mandates that "essential health benefits" for Medicaid programs include "mental health and substance use disorder services, including behavioral health treatment" for all recipients. 42 U.S.C. 1396a(a)(23), is known as the freedom of choice of provider mandate. This federal law requires the Medicaid Program to "provide that (A) any individual eligible for medical assistance (including drugs) may obtain such assistance from any institution, agency, community pharmacy or person, qualified to perform the service or services required (including an organization which provides such services, or arranges for their availability, on a prepayment basis), who undertakes to provide him such services." 42 U.S.C. 1396a(a)(10)(B) requires the Medicaid Program to ensure that services are available to Medicaid recipients in the same amount, duration, and scope. Expanding the provider base (to include residential crisis stabilization units) will help ensure Medicaid recipient access to services statewide and reduce or prevent the lack of availability of services due to demand exceeding supply in any given area.

(c) How this administrative regulation conforms to the content of the authorizing statutes: This administrative regulation conforms to the content of the authorizing statutes by complying with federal mandates and enhancing and ensuring Medicaid recipients' access to behavioral health services.

(d) How this administrative regulation currently assists or will assist in the effective administration of the statutes: This administrative regulation will assist in the effective administration of the authorizing statutes by complying with federal mandates and enhancing and ensuring Medicaid recipients' access to behavioral health services.

(2) If this is an amendment to an existing administrative regulation, provide a brief summary of:

(a) How the amendment will change this existing administrative regulation: This is a

new administrative regulation rather than an amendment.

(b) The necessity of the amendment to this administrative regulation: This is a new administrative regulation rather than an amendment.

(c) How the amendment conforms to the content of the authorizing statutes: This is a new administrative regulation rather than an amendment.

(d) How the amendment will assist in the effective administration of the statutes: This is a new administrative regulation rather than an amendment.

(3) List the type and number of individuals, businesses, organizations, or state and local government affected by this administrative regulation: Any entity that obtains a license as a residential crisis stabilization unit will be affected by this administrative regulation. Additionally, the following behavioral health professionals who are authorized to provide services in a residential crisis stabilization unit will be affected: licensed psychologists, advanced practice registered nurses, licensed professional clinical counselors, licensed clinical social workers, licensed marriage and family therapists, licensed psychological practitioners, licensed psychological associates, certified social workers, licensed professional counselor associates, marriage and family therapy associates, licensed behavior analysts, licensed assistant behavior analysts, licensed professional art therapists, licensed professional art therapist associates, peer support specialists, and community support associates. Medicaid recipients who qualify for behavioral health services provided by an RCSU will also be affected by this administrative regulation.

(4) Provide an analysis of how the entities identified in question (3) will be impacted by either the implementation of this administrative regulation, if new, or by the change, if it is an amendment, including:

(a) List the actions that each of the regulated entities identified in question (3) will have to take to comply with this administrative regulation or amendment. Entities that qualify as residential crisis stabilization units and who wish to provide services to Medicaid recipients will need to enroll with the Medicaid Program as prescribed in the Medicaid provider enrollment regulation (complete and application and submit it to DMS) and sign agreements with managed care organizations if the individual wishes to provide services to Medicaid recipients who are enrolled with a managed care organization.

(b) In complying with this administrative regulation or amendment, how much will it cost each of the entities identified in question (3). The entities referenced in paragraph (a) could experience administrative costs associated with enrolling with the Medicaid Program.

(c) As a result of compliance, what benefits will accrue to the entities identified in question (3). The entities referenced in paragraph (a) will benefit by receiving Medicaid Program reimbursement. Behavioral health professionals authorized to provide services in a residential crisis stabilization unit will benefit by having more employment opportunities in Kentucky. Medicaid recipients in need of behavioral health services will benefit from an expanded base of providers from which to receive these services.

(5) Provide an estimate of how much it will cost to implement this administrative regulation:

(a) Initially: DMS is unable to accurately estimate the costs of expanding the behavioral health provider base due to the variables involved as DMS cannot estimate the utilization of these services in RCSUs compared to utilization in the other authorized provider setting - community mental health centers. However, an actuary with whom DMS contracted has estimated an average per recipient per month increase (to DMS) of \$27.00 associated with DMS's expansion of behavioral health services (including substance use disorder services) as well as behavioral health providers this year.

(b) On a continuing basis: The response in paragraph (a) also applies here.

(6) What is the source of the funding to be used for the implementation and enforcement of this administrative regulation: The sources of revenue to be used for implementation and enforcement of this administrative regulation are federal funds authorized under the Social Security Act, Title XIX and matching funds of general fund appropriations.

(7) Provide an assessment of whether an increase in fees or funding will be necessary to implement this administrative regulation, if new, or by the change if it is an amendment. Neither an increase in fees nor funding is necessary to implement this administrative regulation.

(8) State whether or not this administrative regulation establishes any fees or directly or indirectly increases any fees: This administrative regulation neither establishes nor increases any fees.

(9) Tiering: Is tiering applied? Tiering is not applied as the policies apply equally to the regulated entities.



## FEDERAL MANDATE ANALYSIS COMPARISON

Administrative Regulation: 907 KAR 15:070

Contact person: Stuart Owen (502) 564-4321, extension 2015

1. Federal statute or regulation constituting the federal mandate. Section 1302(b)(1)(E) of the Affordable Care Act, 42 U.S.C. 1396a(a)(10)(B), and 42 U.S.C. 1396a(a)(23).

2. State compliance standards. KRS 205.520(3) states: "Further, it is the policy of the Commonwealth to take advantage of all federal funds that may be available for medical assistance. To qualify for federal funds the secretary for health and family services may by regulation comply with any requirement that may be imposed or opportunity that may be presented by federal law. Nothing in KRS 205.510 to 205.630 is intended to limit the secretary's power in this respect."

3. Minimum or uniform standards contained in the federal mandate. Substance use disorder services are federally mandated for Medicaid programs. Section 1302(b)(1)(E) of the Affordable Care Act mandates that "essential health benefits" for Medicaid programs include "mental health and substance use disorder services, including behavioral health treatment." 42 U.S.C. 1396a(a)(23), is known as the freedom of choice of provider mandate. This federal law requires the Medicaid Program to "provide that (A) any individual eligible for medical assistance (including drugs) may obtain such assistance from any institution, agency, community pharmacy or person, qualified to perform the service or services required (including an organization which provides such services, or arranges for their availability, on a prepayment basis), who undertakes to provide him such services." Medicaid recipients enrolled with a managed care organization may be restricted to providers within the managed care organization's provider network. The Centers for Medicare and Medicaid Services (CMS) – the federal agency which oversees and provides the federal funding for Kentucky's Medicaid Program – has expressed to the Department for Medicaid Services (DMS) the need for DMS to expand its substance use disorder provider base to comport with the freedom of choice of provider requirement. 42 U.S.C. 1396a(a)(10)(B) requires the Medicaid Program to ensure that services are available to Medicaid recipients in the same amount, duration, and scope as available to other individuals (non-Medicaid.) Expanding the provider base will help ensure Medicaid recipient access to services statewide and reduce or prevent the lack of availability of services due to demand exceeding supply in any given area.

4. Will this administrative regulation impose stricter requirements, or additional or different responsibilities or requirements, than those required by the federal mandate? The administrative regulation does not impose stricter than federal requirements.

5. Justification for the imposition of the stricter standard, or additional or different responsibilities or requirements. The administrative regulation does not impose stricter than federal requirements.

## FISCAL NOTE ON STATE OR LOCAL GOVERNMENT

Administrative Regulation: 907 KAR 15:070

Contact person: Stuart Owen (502) 564-4321, extension 2015

1. What units, parts or divisions of state or local government (including cities, counties, fire departments, or school districts) will be impacted by this administrative regulation? The Department for Medicaid Services will be affected by the amendment to this administrative regulation.

2. Identify each state or federal regulation that requires or authorizes the action taken by the administrative regulation. This administrative regulation authorizes the action taken by this administrative regulation.

3. Estimate the effect of this administrative regulation on the expenditures and revenues of a state or local government agency (including cities, counties, fire departments, or school districts) for the first full year the administrative regulation is to be in effect.

(a) How much revenue will this administrative regulation generate for the state or local government (including cities, counties, fire departments, or school districts) for the first year? The amendment is not expected to generate revenue for state or local government.

(b) How much revenue will this administrative regulation generate for the state or local government (including cities, counties, fire departments, or school districts) for subsequent years? The amendment is not expected to generate revenue for state or local government.

(c) How much will it cost to administer this program for the first year? DMS is unable to accurately estimate the costs of expanding the behavioral health provider base due to the variables involved as DMS cannot estimate the utilization of these services in RCSUs compared to utilization in other authorized provider settings (independent behavioral health providers, community mental health centers, federally-qualified health centers, rural health clinics, and primary care centers. However, an actuary with whom DMS contracted has estimated an average per recipient per month increase (to DMS) of \$27.00 associated with DMS's expansion of behavioral health services (including substance use disorder services) as well as behavioral health providers this year.

(d) How much will it cost to administer this program for subsequent years? The response to question (c) also applies here.

Note: If specific dollar estimates cannot be determined, provide a brief narrative to explain the fiscal impact of the administrative regulation.

Revenues (+/-):

Expenditures (+/-):

Other Explanation: